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1957

North Carolina Hospitals Board of Control

Caswell Training School
Kinston, North Carolina

ANNUAL REPORT
1957

Frederick Edward Kratter
B. Soc.Sc., M.B., CH.B.,C.M.D., D.P.M.
Acting Superintendent
Honorary Lecturer in Mental Deficiency,
Department of Psychiatry, University of North Carolina
Chapel Hill, N. C.

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I have the honor to present the Annual Report covering the developments at Caswell Training School for the calendar year ending December 31, 1957. In this survey I was ably assisted by my colleagues in the professional and business departments.

Kinston, North Carolina, March, 1958

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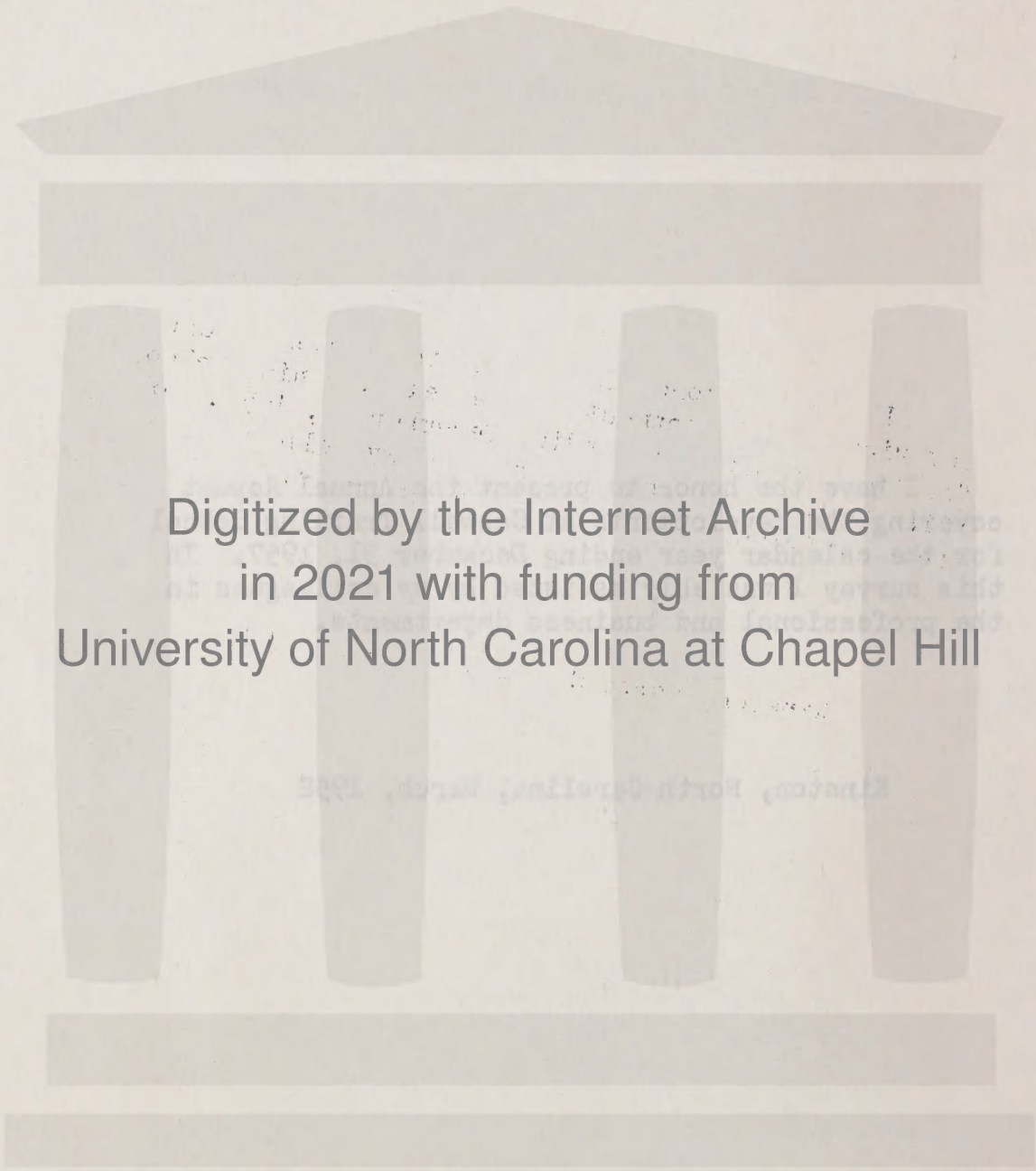

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Historical Survey

Prior to the 19th century, persons suffering from severe forms of mental retardation were considered to be hopeless cases beyond any possibility of training or vocational rehabilitation and no attempts were made to improve their lot.

Our knowledge of the mentally handicapped dates back to a great measure of extent to the intensive studies made by the French physician Jean Marc Gaspard Itard who in 1798 began his now famous four-year period of scientific investigations on the wild boy of Aveyron. In 1801 Itard published his account of sensory training methods and this in turn attracted the attention of Voisin, Esquirol (1828) and others interested in this field. Esquirol was one of the first to make a clear-cut distinction between insane and mentally defective individuals and about the same time Saegert of Berlin and Guggenbuhl of Switzerland commenced training and treating the dull normal.

It was a little more than a century ago (1843) when Dorothy Lynde Dix made her impassioned appeal to the Massachusetts Legislature on behalf of the pauper, the feeble-minded and the insane many of whom at that time were rented to the lowest bidder to be kept, often chained, naked or in rags, without warmth or hygienic comforts and subject to every possible indignity.

In 1846 Seguin published his work in which he described in great detail his systematic training techniques which are based on the physiological lines of sensory and motor coordination. Many of our present day methods date back to his work which represents a land mark in the care and training of the mentally subnormal.

During the first half of this century rapid strides were made towards a better understanding of the causation and rehabilitative possibilities of the mentally handicapped, and an enlightened public has paved the way for a more progressive approach to this social problem. Our present day need is primarily one for more highly trained professional personnel and increased research into the factors governing the causation of mental deficiency.

Progress Review

In reviewing Caswell's activities for the past year, I note with gratification the sustained progress that has been made in the training, medico-clinical and research areas of our institutional life. Monographs on Color Blindness, Sex Education of the Retarded Child, Use of Mentally Handicapped Children on Television Programs and Religious Education Techniques have been composed by myself and other members of our professional staff, which were accepted for publication both in this country and in Britain. Awards were won by Caswell's students for competitive sports entries and craft fair exhibits of Gold Trophies, Blue Ribbons and cash prizes amounting to $125.00.

Good public relations have still further been stimulated by the inception of television programs throughout the year describing the various functions, activities and curricula of the diverse departments at Caswell. During that period we encouraged the active participation of our students on T.V. broadcasts, which they

and the public enjoyed. The Children gave a wonderful account of themselves and the publicity campaign has been met with whole-hearted response and approval by the viewers.

The workshop on the trainable child held at our school in April, 1957 was attended by more than 250 guests composed of professional persons and visitors from all walks of life and has still further stimulated increased interest in the fields of special education and allied disciplines.

The good will and high respect in which we have been held has been a source of considerable pride and satisfaction to our staff for it reflects the public's appreciation and continued interest in the general welfare of the mentally retarded. We are now being considered one of the more progressive and enlightened schools in the nation, which is concerned with the care and rehabilitation of the mentally retarded child. As a teaching center for medical students, post-graduates and others interested in the fields of sociology and special education, we have been constantly striving to increase our links more closely with the departments of psychiatry, psychology and pediatrics of the University of North Carolina, the East Carolina College, Atlantic Christian College and several schools of nursing, functionaries of state agencies and members of the public in general.

The upsurge in constructive ideas, the creation of a tolerant, permissive and yet educationally progressive school philosophy and an increasingly humanitarian approach to the emotional problems of each individual, have brought about a most praiseworthy response and improvement in the students social, moral and training standards. These scholastic, pedagogic and socio-vocational advances have been achieved through the purposeful planning and persistent devotion to duty by our administrative, professional and attendant staffs who have endeavored at all times to aim at a higher standard of individual and team proficiency.

The steady growth in the school population reaching almost 1900 resident students at present and the growing complexity of our financial, educational and clinical programs, which a well-informed public deserves, call for an enlarged expenditure on building projects, reconstruction work, major renovations, special equipment and new services. The citizens of the state of North Carolina have been particularly fortunate in possessing in their legislators men of great foresight and humanity. Their constant concern and preoccupation in the Mental Health Program generally and their sincere demonstration of good will towards the retarded has taken shape in the form of appropriations of generous sums of money for 2 more state training schools - as well as of some $700,000. for Caswell's additional facilities in particular. The latter will certainly help expand the medical care and rehabilitative services for our students in increasingly growing numbers.

On this occasion I think it is right and proper that I should express the profound appreciation of our staff, resident students and myself to the Honorable John Umstead, Chairman of the North Carolina Hospitals for his unremitting, inspirational leadership and tremendous support for the cause of the retarded throughout his term of office.

A lot of detailed work and thought has preceded the planning of the presently proposed building projects. The erection of a beautifully designed, one-hundred bed hospital will in the future take care of the acutely ill. It will make provisions for nursing and medical attention of all grades of retarded patients, will provide x-ray, laboratory, dental and surgical services, a new admission center, a psychiatric unit, a fine kitchen and dietary service, conference rooms for physicians and nurses, a library and similar commendable facilities and clinical improvements.

With the appointment of W.F. Caston, Ph.D. as staff psychologist recently, we are looking forward to planned sessions for individual and group counseling for many of our students whose educational progress is seriously interferred with and at times thwarted by feelings of unworthiness, gross mal-adjustment and the adoption of paranoid attitudes, respond well to such specific therapies. Once their emotional problems are resolved their growth of personality, social adjustment, development of intellectual capacity and vocational rehabilitation will progress at an accelerated pace.

The old hospital after suitable renovation and painting will provide for the care and treatment of Crippled children. Added facilities will be installed for a physical therapy department, which will serve the needs of the orthopedically handicapped custodial residents. It will also take charge of the chronically ill. The proposed physiotherapy department should function on a complementary basis combining the mutual advantages of both physical and rehabilitative therapies. The scope of the world of the orthopedically encumbered retarded child is bound to grow and increase in such a cooperative atmosphere by leaps and bounds, and one may expect that through proper training techniques of the neuro-muscular mechanism their will and longing to walk and run will be stimulated in the right direction, In due course some will learn to tell the time and finally socialize more rapidly and freely. The play activities will become more meaningful to them, learning to relate experiences, to speak up, to defend themselves physically and verbally in their squabbles. Some may even learn to sing singly or in a choir. Such a scholastic-physiotherapeutically orientated program should preferably be carried out in one unit for which the crippled children hospital II is most suitable. The advantage of combining facilities for orthopedic treatment and specific rehabilitation in one cheerfully decorated center consists mainly in providing the doubly handicapped child with all his therapeutic and educational needs in the happy setting of one class room where he can enjoy the company of his fellows similarly defective.

The proposed provision of swimming and wading pools will offer both recreational and hydrotherapeutic amenties to a large number of children capable of availing themselves of these. The Dewey Building will be completely renovated and modernized and will house the home-making department for girl students which will inspire and stimulate their social vocational skills.

Workshops for public health and public welfare workers will be held the 3rd week of each month in the New Year which it is hoped will contribute to a better understanding and sympathy by both employees of the state agencies as well as by members of the public.

Recommendations

The provision of socio-industrial training facilities in the form of sheltered workshops where specially selected male and female trainees capable of undertaking factory employment can be trained, is strongly recommended. This would particularly apply to the individual who has completed his scholastic education. The vocational training should include the application of mass production methods to the preparation and treatment of materials supplied by commercial firms and paid at piece-work rates.

The supervisor of a unit such as this would necessarily have to be versatile and ready to acquire proficiency in the very different techniques employed on the various manufacturing jobs undertaken, and if circumstances so dictate, go to the supplying plant to learn them. Both the trainable and educable grades may benefit from such a scheme which is being presently conducted at the Epsom Manor and the Leybourne Colony in England.

If Caswell Training School is to maintain and discharge its function of caring and socializing a large number of students and increase its general turnover by a vocationally orientated school curriculum, the future policy of its responsible authorities should continue to be primarily concerned with the provision and establishment of rehabilitative facilities comparable to those of the best in the nation.

In conclusion I should like to state that it has been a pleasure to serve in the capacity of Acting Superintendent during the past year and I shall certainly need the staunch support and assistance of the Chairman and members of the North Carolina hospitals Board of Control, the general superintendent, the parents, the public, the voluntary organizations such as the Jr. Woman's Clubs, V.F.W. Auxiliaries and the staff of Caswell. With such help we will continue to build on the firm foundations of our school set some 47 years ago.

Frederick E. Kratter

Frederick E. Kratter, M.B., D.P.M.
Acting Superintendent

PROGRESS REPORT
MEDICAL DEPARTMENT
CASWELL TRAINING SCHOOL
1957

A daily average of 75.2 children were hospitalized in Central Hospital. The employees hospitalized were an average of 1.2 daily.

The Out-Patient Medical Service treated an average of 176 patients daily. These were patients with minor complaints, and not ill enough to be admitted to the Central Hospital. A daily average of 9.4 employees were seen in the Out-Patient service by the Staff Physicians.

The daily average of children treated for some minor illness in the Female and Male Colonies was 115.

The Tuberculosis Annex cared for 11 patients during the year.

The Crippled Childrens Hospital treated a daily average of 95 completely helpless patients.

There were 109 new children admitted to the Institution through Central Hospital. These patients received a complete physical examination, along with the necessary vaccinations. Polio vaccine was given to those children whose parents gave their signed consent.

During the influenza epidemic in October and November, 1,080 children were treated. One death occurred during this period. Diagnosis: Broncho-pneumonia. Idiot with I. Q. of 13.

Deaths from January 1, 1957 - December 31, 1957:

(See Death Chart Page #2)

DEATHS FROM JANUARY 1, 1957, TO DECEMBER 31, 1957

	Idiots M.A., 0 to 3 yrs. I.Q., 0 to 20 yrs.			Imbeciles M.A., 3 to 7 yrs. I.Q., 20 to 49 yrs.			Morons M. A., 11 years I.Q., 50 to 69 yrs.			
Cause	Male	Female	Total	Male	Female	Total	Male	Female	Total	TOTAL
Coronary Occlusion	1		1							1
Pulmonary Tuberculosis	1		1							1
Lobar Pneumonia	1	1	2							2
Cardiac Arrest	2	1	3							3
Broncho Pneumonia		3	3	1		1				4
Epilepsy	1		1							1
Intestinal Obstruction	1		1							1
Collapse of rt. lung		1	1							1
Infections Pericarditis		1	1							1
Drowning				1		1				1
Blood Dyscrasia (Possible erythemic myelosis	1		1							1
SUM TOTALS	8	7	15	2		2				17

There were 167 Seriological examinations for syphilis done during the year. Of this number, 18 old cases were again found reactive seriologically on survey. These were adequately treated.

All children and employees were vaccinated with prophylactic typhoid and para-typhoid vaccine.

The Polyvalent influenza vaccine was given to all children.

There were 47 sterilization operations performed.

Rounds were frequently made through out-lying units by Staff Physicians.

All patients received good general care.

MIKE LEE, M. D.
MEDICAL DIRECTOR

ML/ljs

CASWELL TRAINING SCHOOL
MEDICAL DEPARTMENT
REPORT OF NURSING SERVICE
February 6, 1958

Superintendent of Nurses	1
Assistant Superintendent of Nurses	2
Supervisor of First Floor, Central Hospital	1
Supervisor of Second Floor, Central Hospital	1
Evening Supervisor, Central Hospital	1
Relief Nurses for Central Hospital	2
Supervisor of Colony Medical Service	1
Supervisor of Out-Patient Medical Service	1
	10

The two Assistant Superintendents alternate emergency calls in Central Hospital. One supervises the Colony Medical Service and the other supervises the Out-Patient Medical Service and Crippled Childrens Hospital.

The Central Hospital, where the acutely ill patients are hospitalized, is the center of the Medical Service. There are eight Registered Nurses working here, including the Superintendent and Assistant Superintendents, four Licensed Practical Nurses and fourteen Nurses Aides. Four of this number are Male Aides, alternating shifts in the Male Wards.

All surgery is done at a local hospital and returned to our hospital for the convalescent period. The daily average of patients hospitalized in Central Hospital is 75.2.

The Colony Medical Service (Male and Female Colonies) has a Registered Nurse Supervisor. Working under her direction and covering this area from the hours of 7:30 A. M. to 8 P. M. are three Licensed Practical Nurses and four Nurses Aides. This service treats an average of 115 patients daily for some minor illness.

The Out-Patient Medical Service is supervised by a Registered Nurse. Two

Licensed Practical Nurses work with her. They service the Clinic from 7 A. M. to 7 P. M., and treat an average of 176 patients daily for minor complaints and not ill enough to be admitted to Central Hospital. An average of 9.4 employees are seen daily by the Staff Physicians.

The Crippled Childrens Hospital, with 95 helpless patients, has a nursing staff of eight Licensed Practical Nurses and six Nurses Aides. The Charge Nurse of this area is a Licensed Practical Nurse. The nursing service here, as in Central Hospital, is 24 hours a day.

The Central Drug and Supply Room is open Monday through Friday from 7 A. M. to 3:30 P. M. It is closed Saturday A. M. at 11 o'clock. A Licensed Practical Nurse works here under the supervision of the Superintendent of Nurses and the Medical Director.

The Registered Nurses are working a 40-hour week. The Licensed Practical Nurses and Nurses Aides work 44 hours per week.

All nursing personnel are working under the supervision of a Medical Director and two Staff Physicians.

MARGARET T. TISDALE, R. N.
SUPERINTENDENT OF NURSES

MTT:ljs

Dental Department
Caswell Training School
Kinston, North Carolina
Annual Report, 1957

The past year the dental department surveyed as many living units as practicable. The major portion of our work consisted of routine general dentistry such as indicated fillings, X-rays and extractions, prophylaxis and gum treatments, examining and charting patients.

Patients charted	108
Patients examined	4305
X-rays	634
Anesthesia	907
Extractions	772
Fillings	1567
Surgicals	66
Treatments	2871
Prophylaxis	910
Other Services	72

C C Hale

C. C. Hale, D.D.S.

Laboratory report for January-December, 1957
Caswell Training School
Kinston, North Carolina

Test	Number
Urine	625
Red blood count	317
White blood count	323
Hemaglobin	345
Differential	267
Smears	24
Sputum	2
Blood Test	167
Blood sugar	176
Blood type	117
Blood Rh	117
Blood crossmatched	57
Blood transfusions	51
Blood Clotting time	52
Bleeding time	52
Sedo rate	12
Hematocrit	12
Icterus Index	6
Non-protein nitrogen	1
Stool	233

X-Ray Report

Test	Number
Chest	283
Extremities	181
Shoulder	11
Clavical	4
Hip	9
Pelvis	7
Cervical spine	9
Dorsal spine	1
Lumbar spine	28
Skull	63
Sinuses	3
Gall Bladder	2
Kidney - Urinary Bladder	16
Intravenous Pyslography	4
Other X-rays - Jaw	7

Johnnie Braxton R. T.

Johnnie Braxton, R.T.

The Annual Report of the Department of Psychology
For the year ending December 31, 1957
Caswell Training School
Kinston, North Carolina

The Department of Psychology at Caswell Training School has varied duties included in its program.

This department has been exceedingly fortunate this year in securing another psychologist, W. Frank Caston, Ph.D., who is unusually well qualified by education and experience to assume the work of testing and counselling.

Individual mental testing is the basis for understanding the child and for use in further treatment and training.

The testing program at Caswell Training School aims to fulfill the following purposes:

1. To ascertain by the subject's reactions on the test whether or not he deviates from normal mental functioning.

2. To determine how much deviation is shown.

3. To describe what kind of deviation, or what characteristics are shown.

4. To find his strength and weakness along certain lines.

5. To suggest how his strength can be used, and how his weakness can be overcome by his stronger functioning, or circumvented.

6. To predict so far as possible his adjustment as he matures either in the institution or in the home community.

To make the results of the tests effective, written psychological reports of the tests containing the data, as M.A. and I.Q., with interpretations stressing the above points are distributed to the heads of departments and are discussed at weekly meetings of the Council on Child Study and Guidance, at which time all departments give reports as to the social history and adjustment of the child on the campus. Dr. Frederick Kratter, Acting Superintendent, gives a neurological diagnosis; and the Medical Department gives the result of a physical examination.

In this way the findings of the various studies on the person are made available to those who have the training of the child in hand. Counselling is frequently given as an important part of the follow-up in an effort to help the child adjust better emotionally. Retesting at certain ages is given as the pupils develop.

Various tests are in use to suit certain types of mental retardation and physical handicaps. The standard test is the Revised Stanford-Binet Scale Forms L and M; other tests frequently used are the Wechsler Adult Intelligence Scale. (WAIS); the Wechsler Intelligence Scale for Children (WISC); the Ammons Full-Range Picture Vocabulary Test; The Interim Hayes-Binet Intelligence Test for the Blind; The Goodenough Draw-A-Man Scale; the Cattell Infant Intelligence Scale; the Vineland Social Maturity Scale, and various other types.

All admissions are tested as soon as feasible, after giving the child a little time to get adjusted to his new surroundings.

Although the chief work of the psychologists is the mental evaluation of the pupils by means of psychological tests and counselling, yet to carry the principles of treatment to other departments it is encumbent on the psychologists to participate in various activities of the institution as chairmen or members of committees. This includes the chairmanship of the Council on Sterilization, arranging the weekly meetings of the Council on Child Study and Guidance, and a member of the Council on Admissions. Lecture periods are conducted for classes of medical students from the University as well as for trained nurses. Dormitory assignment of new pupils is made in cooperation with the Director of Cottage Life. As requests arise, talks on mental retardation are given to civic organizations. Also assigned to this department is the compiling of the Annual Report (a census) for the United States Department of Health, Education and Welfare.

The psychologists cooperate in the Clinical Department at which time Dr. Kratter makes a neurological diagnosis of the child, and the psychologist presents the psychological report on the tests given him. The number diagnosed this year were 280, with 128 of these being discussed at the Child Study and Guidance Council, a total of 408 cases handled, some receiving repeat appearances and extra counselling. This study of the child is considered by the staff as vital in finding the neurological cause of the condition of a child, often deep-seated and hidden, in order to give him the treatment and training suited to his limitations, and to provide for his possible development and emotional adjustment.

In order to keep abreast of recent developments in the field of mental retardation, besides the constant study of professional books and journals, the psychologists hold membership in various organizations in this field - The American Psychological Association, the North Carolina Psychological Association, the Division of Clinical Psychology, the American Association on Mental Deficiency with its regional branch, the National Association on Retarded Children, and the International Council on Exceptional Children.

During the year the Psychologists attended the North Carolina Psychological Association which met in Raleigh, the meeting of the American Association on Mental Deficiency in Hartford, Conn., the South Eastern Regional Meeting in Augusta, Ga., and local meetings and workshops.

The ever-widening vision of well-being for those students, pupils, or patients is a constant bettering of their lives in terms of treatment, training, and education, all having a practical psychological basis. A better understanding on the part of the staff of the principles of learning, and of underlying principles of maturation should be closely connected with psychological service.

Elizabeth M. Brown

Elizabeth M. Brown
Director of Psychology Department

Cottage Life Department
Annual Report of 1957
Caswell Training School
Kinston, North Carolina

With a population of about 1975 pupils and 38 units of living, the Cottage Life Department functioned during the year 1957, with a director, an assistant director, five administrative officers, ten supervisors, and 196 cottage parents, making a total of 214 employees. These employees worked on the following schedule;

The director, assistant director, one administrative office and a barber, five and one half days per week. Two administrative officers, on day duty, six days per week. Two administrative officers, on night duty, six days per week. Ten charge supervisors six days per week. One hundred ninety-six cottage parents six days per week, eight hours per day, staggered so as to cover the entire twenty-four hours.

It might be of interest to note the yearly movement of our Cottage parents-:

In January of 1957 we acquired 3 new employees, lost 2
February acquired 5 lost 5
March acquired 2 lost 3
April acquired 5 lost 5
May acquired 7 lost 10
June acquired 11 lost 8
July acquired 5 lost 7
August acquired 7 lost 4
September acquired 5 lost 2
October acquired 5 lost 2
November acquired 4 lost 6
December acquired 2 lost 1

Making a total of 58 gained and 57 lost. The reasons for the losses were ascertained as follows; Bad health, nine; retirement five, having reached the age of sixty-five and over; resignation for personal reasons twenty-one, and resignations due to unsatisfactory service twenty-two.

In the over-all operation of the school, our department is classified as the homes of the community. As such, we have taken an active part in everything that goes on - for the pupils are our children and we are their parents while at Caswell. In this capacity, we go with them to their meals, see that they are properly bathed and dressed, attend school at scheduled hours, report on time to their training assignments and, above all, "Keep the home fires burning" by seeing the home is properly cleaned, clothes sent to laundry, neatly stored away when cleaned and that a happy wholesome atmosphere prevails while the children are in their homes. We attend services on Sundays with them or hold some kind of religious exercises in the unit. Weekdays we attend with them their picture shows, dances and birthday parties; - for each of the thirty eight units is an individual home.

Our cottage parents have not neglected their own training and advancement. Over sixty of them received certificates for a course given by Mr. Jack Howard on Child Welfare and Guidance written by Dr. Kratter. They also attended staff lectures given by the director twice a month. These lectures are attended by all cottage parents, both day workers and night workers. A goodly number are members of the North Carolina State Employees Association and the All-Staff of Caswell. They contributed generously to the Blood Bank, Red Cross, United Fund, March of

Dimes and all other community drives. During the flu epidemic, which swept Caswell in the fall of 1957, they proved their mettle and ability to serve, "beyond the call of duty", by caring for the sick night and day, regardless of hours. Their morale was so high and fine, the pupils caught the spirit, and Caswell functioned at its best - service with love and kindness to all!

Another service the cottage parents render is the "write ups" they give on their children for the Council on Child Study and Guidance. These are most valuable to the Council.

Our office staff comes in direct contact with visiting parents and their children, the office being open on a 24-hour basis. All visits are registered on the index cards of each pupil, as well as the Visitors' Register, where the parents give their latest address. This is most valuable information for the Administrative Department. It might be of interest to know around six thousand one hundred nineteen (6119) visitors registered during 1957.

Monies are received for the personal accounts of the pupils, deposited and withdrawn for them each week. All this process is kept in a register and is checked and double-checked by the business office. All supplies for the 38 units are requested by this office staff and daily inspections made. Their findings are logged in a Day Book and Night Book which are sent to the Superintendent's office each morning, giving him a complete picture of the happenings of the past 24 hours. Keeping all the records of the employees, their sick leave, days worked, holidays and vacations is another gigantic job, as all this must be checked and rechecked by the business office.

The ten charge, or supervisory matrons are quite a valuable asset to our department. They make personal reports to the director daily and assist in all the activities of the pupils, keeping our department in personal contact with cottage parents and pupils.

The director meets with the Superintendent daily for directives and advice on the overall supervision of the department. She interviews applicants who are seeking work as cottage parents; chooses the best candidates and has them processed by Dr. Caston of the psychology department before they are offered a position. All new employees are given three months trial period before becoming regular employees. The director attends the committee meetings of the Council on Admissions, Child Care and Guidance, and with the Director of Training, helps administer discipline.

Caswell is really on the "march" and our department is proud it has a vital part in the March of Progress.

Respectfully submitted,

Mrs. M. V. Harlan

Mrs. M. V. Harlan, Director
Cottage Life Department

ANNUAL REPORT
CASWELL TRAINING SCHOOL
KINSTON, NORTH CAROLINA
SOCIAL SERVICE DEPARTMENT
1957

The social service department composed of two social workers and a secretary has had a full and busy year. The three main areas in which the social service department functions are the admissions, including the waiting list, the certification of vacations and placements. In serving these areas, this department has attempted to work in close harmony with all other departments within the institutional framework.

The admissions for 1957 were less than previous years, totalling only 109. However, the waiting list showed a decided increase. During the year 315 applications were referred and as of January 1, 1958, the waiting list stood at 861 applications. Many man hours were devoted to acknowledging, classifying and keeping the waiting list in as orderly a fashion as possible. When a vacancy occurred, the most urgent was attempted to be selected to fill this vacancy. There was a constant pressure in letters, visits and by telephones from relatives, senators, representatives, clergy, friends and interested people to enter children. This department has striven patiently and courteously to interpret to these people Caswell's limitations.

This department worked closely with the cottage life department as to all vacations for the pupils and patients. At Easter, summer, Thanksgiving and Christmas, the volume of correspondence was greatly increased for the granting and approving of all vacations; also, the follow-up with the families and welfare departments regarding those who did not return from vacations involved extra work and recording. For the year a total of 1744 vacations were granted.

As to placements there were in 1957 forty-two who left Caswell; four of these were planned through the mutual cooperation of the state rehabilitation department, the training department and this department. Fourteen were returned from placement; eight being returned because of their own personal failures and six more for family limitations and inabilities. A total of fifty-seven was discharged. Most of these had been on placement for one year or more; three of them were discharged as being too high mentally; four were discharged by transfer; three to Butner Training School and one to Morganton School for the Deaf.

Much time was spent in interviews and counseling. All admissions were entered through the social service department and a detailed social history was obtained, whenever possible. Also at this time, Caswell's program was interpreted to the relative. Whenever a parent, who was contemplating bringing his child to Caswell Training School, wished an appointment to discuss this step, a worker scheduled an appointment and as much time as possible was given to helping the parent with all his doubts and uncertainties. Besides these, there were numerous other interviews with the staff, the boys and girls, parents and other people who had questions or problems relating to the other functions of this department.

Other phases of significance and importance regarding the work of the social service department were:

(1). The director had regular conferences with the state welfare consultant to discuss policies and procedures and all problems relating to specific cases. This has been of utmost value in securing the fuller and closer cooperation of all welfare departments; also, afforded an opportunity for better public relations.

Annual Report for 1957 - Social Service Department

(2). Plans are being formulated with the training department to have a monthly three-day workshop with public health and welfare workers. This to be started in January, 1958.

(3). The School of Social Work at Chapel Hill signified an interest and willingness to use Caswell as a training area for social workers.

(4). The director attended the National Association on Mental Deficiency in Hartford, Connecticut in May; also, attended the southeastern region meeting of this organization in November in Atlanta, Georgia.

(5). At Caswell Training School this department was represented on the sterilization council, the child-guidance and study committee, and presented all applications to the council on admissions.

(6). The director has assisted the director of the social service department at Goldsboro in interpreting the policies and procedures for admission and the other areas of the social service department.

(7). Although not listed as part of the social service department's duties, the director compiled and edited the quarterly issues of CASWELL NEWS.

In closing the director has formulated some plans for the coming year:

(1). To review with the help of the welfare departments all applications in the Caswell district, so that Caswell's waiting list will be more accurate and up-to-date; also, so Caswell will be aware of the institutional needs as the counties see it.

(2). To give parents of those children on the waiting list an opportunity to visit before the child is entered so that the parent will better understand Caswell's program and will have an opportunity to discuss any doubts and uncertainties. This would be a tremendous significance as usually a happy and satisfied parent means a happier child.

(3). To work for a better and more effective placement program.

(4). If possible, to work closely with the new training schools to establish similar policies and procedures regarding admissions, vacations, and placements; this to be printed and distributed to the welfare departments. This would clarify all matters of mutual concern and hence prevent confusion for the training schools, welfare departments and all families.

(5). To put into working order the McBee cards for the waiting list.

Pearl L. Adkins

(Miss) Pearl L. Adkins, Director

ANNUAL REPORT
CASWELL TRAINING SCHOOL
CHAPLAIN AND PUBLIC RELATIONS
1957

Two chapel and one vespor services were held every Sunday in 1957 except two. During November the school was quarantined for an influenza epidemic and no services were held on the first two Sundays of the month, but materials were sent to each building. Although the chaplain was on sick leave for 9½ weeks during March and April, services were conducted by Waylon Bissette, then recreation director, using films and filmstrips. During the summer months all 3 services were held in the morning beginning at 8:30. This was necessitated by the oppressive heat in the auditorium at the usual vespor hour.

The Chaplain prepared 3 Sunday School lessons on nursery, beginner and primary levels, twice each month. These were sent, in mimeographed form, to 29 living units, the buildings from which children are able to attend church. Mrs. Victor Pickett, a friend from Kinston, Waylon Bissette, now academic school principal and Reece Howell, occupational therapy department instructor, have assisted on these Sundays in the teaching of the lesson. This has been greatly appreciated. Mrs. Pickett also presented the boys in the Cartwright building with a good used piano for Christmas since they enjoy singing together. The average attendance during the year was 923 but on eleven Sundays the attendance was over 1,000 with a peak of 1054 being reached on 2 occasions.

Although the annual Easter Sunrise service was not held there were several special programs during the year. On Youth Sunday in February and again on Thanksgiving Day the boys and girls took charge of, or assisted in, the services. On June 16th twelve of the older young people participated in a 30 minutes television program over WITN, on channel 7. A short Christmas service was mimeographed and sent to living units to be used at the close of Christmas Day.

From January through May three classes in religious education for advanced students were held weekly. From September through December two such classes were in progress. During the summer vacation period a "Bible Story and Song" time was held each week for 8 weeks with 7 cottage groups. Around 200 children participated.

Hospitals have been visited weekly to distribute Sunday School literature and to talk with patients. All new admissions were contacted within twenty-four hours in order to assist, if necessary, with their adjustment.

The religious life department received four nice gifts which are worthy of special mention. The Smithfield Junior Woman's Club presented nylon Christian and American flags and standards for the chapel; the Winston-Salem Junior Woman's Club made a velvet altar runner, pulpit scarf and Bible bookmark; Greensboro Junior Woman's Club donated money for 2 filmstrips and the North Wilkesboro Junior Woman's Club donated 12 filmstrips, "Parables from Nature". Four hundred surplus copies of the armed services hymnals were purchased at 10¢ apiece. About 150 have been stored until the time some of those now being used will need to be replaced. Several clubs and Sunday School classes provided out-of-date literature and made booklets and hospital tray favors for special days during the year. It is the hope of the chaplain that, in time, regular church pews may be installed in the chapel, since we have no other church building.

Conferences have been held with numerous students and special counselling with others. A paper, "Religious Training of the Mentally Retarded at Caswell Training School" has been accepted for publication by the American Journal on Mental Deficiency.

Since the institution's 16 mm colored sound film has become available for club programs there has not been the request for speakers at various meetings as in previous years. However, the chaplain did fill three speaking engagements during the year. "The Caswell Story" was booked by 72 different organizations through this office. Some of these groups showed it to other clubs in their communities and thus several hundred people became acquainted with Caswell. A number of interested groups were taken on campus tours during the year.

Weekly news columns were written for the Kinston Daily Free Press. A "History of Caswell" was compiled for the 75th edition of the Free Press. The Christmas greeting sent out from the institution was composed in this office. Correspondence with parents, friends and organizations entailed the writing of over 1200 letters and 67 postcards.

Jean M Hurt

Mrs. Jean M. Hurt
Chaplain and Public Relations

Annual Report

from

The Training and Education Department

for 1957

The year of 1957 started with every area of training and education in full operation. The pupil enrollment figures within the various training and education areas at the beginning of January 1957 were:

Academic School	200
Advanced Special Classes	55
Home Economics	160
Vocational Training	476
Occupational Therapy	468
Physical Education and Recreation	1000

The year 1957 brought with it many improvements and steps of progress for the training and education program at Caswell.

A new professional library room was established in the Children's Library for use by training and medical staff members. Both libraries were placed under the supervision of the Training and Education Department Librarian.

Arrangements were completed between Atlantic Christian College and Caswell for a series of eight two-hour seminars in the area of training and education for senior psychology students.

A beautiful new school flag and song were introduced to our student population at the beginning of the year 1957. The flag was designed by the staff and students and made by Mrs. Barbara Howard, Director of Occupational Therapy. The school song was written and composed by Mr. Gareth D. Thorne, Director of Training and Education.

The introduction of a campus pass system was made to our students by Dr. Frederick E. Kratter, Acting Superintendent of Caswell. This system granted certain student privileges and freedoms. It was well received by students and staff members alike. Along with this campus pass system came a new discipline procedure. The issuance of "Pink Conduct Slips" was introduced to control disciplinary cases. If a student is issued a "pink slip", he or she will lose his or her campus pass for a stated period of time. "Pink Slips" are issued for acts of misbehavior or misconduct at any place on the campus. They are written

by staff members and approved by the Director of Training and Education and/or Director of Cottage Life.

A workshop on April 1 - 3, centering about the trainable child, highlighted the activities of the Training and Education Department for the month of April. Representatives from practically every state agency associated with mental health were present. Dr. Ignacy Goldberg, Educational Consultant for the National Association of Retarded Children, served as workshop consultant. Various other influential and professionally interested persons attended and participated in the program. Caswell was most fortunate to have such a program on its campus, being the first such workshop to be held in North Carolina.

Well over 170 students were presented awards for acheivement in school and general institutional adjustment in May. These awards were in the form of ribbons, gold metals, and certificates in honor of specified achievement. Thus, we continue to recognize our students indicating to them how proud we are of their achievement and increasing their sense of self-esteem and accomplishment.

During the month of June 1957 the Occupational Therapy Department was renovated and re-decorated to improve training facilities in that area. Every available inch of space is now in full use.

Also during June, details regarding the Vocational Rehabilitation Program between Caswell and the State Office of Vocational Rehabilitation were worked out. Several students were placed in local communities in cooperation with the State Office of Vocational Rehabilitation--District Counselors.

The Boy Scout Troop has been fortunate to attend all of the camping activities throughout the year 1957. All but one of the scouts have advanced one rank, and we now have eight boys with a rank of first class. We are very proud of our scout troop.

During the summer, the academic school department participated in the Annual Reading Conference at East Carolina College. This is the first time Caswell's program has been included in this conference. Mrs. Jo Ann Sutton, Academic School Teacher, gave a wonderful program of demonstrations in teaching techniques for educable retarded children.

Re-evaluation of all potential academic school children were made this summer. This led to re-assignment and new assignment of classes for the coming school year. The new school year began as usual in September with 60 additional students enrolled over last year's pupil enrollment. Thus, our student enrollment for 1957-58 began at 281 pupils.

Mr. William J. Waters, Principal of Academic School received a most deserved appointment to the Director of Training and Education at the Goldsboro Training School. Mr. Daniel C. Wise, Director of Vocational Training and Rehabilitation, assumed the position as Principal of the Academic School and also carried on as Director of Vocational Training.

Both of these men have proven to be most capable and responsible in supervisory and administrative capacities and shall prove most valuable in the State's program for the retarded child.

During the summer of 1957, our major project of the department was to make a study of our training and education methods at Caswell. This involved for the most part an analysis of our teaching techniques, our curriculum planning, and re-designing a new curriculum. For the coming academic school year our main objectives thus far have been centered about the following factors: Development of a student council or government within the academic school setting; intensification of sensory and motor training for younger students; and improving our testing and follow-up on student progress. These factors along with our newly developed curriculum has comprised the foundation for a most successful year.

Outstanding activities for the fall of 1957 included the Caswell Boys' Softball Team won the Sportsmanship Trophy in the Rural Recreation Church League this fall. They also placed third in the league in team standings. Caswell also erected and supervised a "Fair Exhibit" at the N. C. State Fair in Raleigh during the month of October. The theme "Mentally Retarded Children Can Do" was followed. The exhibit was planned and erected under Mrs. Barbara Howard's direction. It featured many of the student made articles and areas of maintenance in which our students participate. We won first premium award in the N. C. Public School Division with a blue ribbon and $125 cash award. We also placed this same exhibit in the Lenoir County Fair in Kinston, North Carolina. It took first premium award with a blue ribbon and a $25 cash award.

During basketball season, January, February, and March of 1957, Caswell Boys' Basketball Team entered competitive rural public school league. They also played in the tournament which was held in our Recreation Building. Our team placed third in the league and tourney. They were awarded a third place trophy.

Each month during the year, Caswell has been fortunate to present a live television program over T.V. Station, WITN Channel 7, Washington, North Carolina. These programs have all been centered about student activities and services offered the retarded child at Caswell. Mr. Jack Howard, Director of Television Programs, has done a wonderful job in informing the general public of Caswell Training School through this wonder medium. Our "Thanks" are to Television Station, WITN, for donating the time for these monthly programs for our school.

The month of October would not be complete without a mention of our quarantine due to the "Asian Flu" epidemic. Many student activities were curtail temporarily due to the severity of our epidemic. No serious developments were brought on by this infection.. The students have now been vaccinated with the flu vaccine to guard them against another epidemic.

Mr. Daniel C. Wise, Director of Vocational Training and Principal of Academic School was promoted to Director of Training and Education

during the month of November 1957. This promotion was in order as result of Mr. Gareth D. Thorne, Director of Training and Education being promoted to the position General Director of Training of the State Training School for Mentally Retarded. Mr. Waylon Bissette, Recreation Director, was promoted to Principal of Academic School, and Mr. Robert O'Neal, Instructor in Physical Education was asked to serve as acting director of recreation. Mr. Robert Mahaffey, Vocational Instructor, was made acting director of vocational training. All of those promotions were much deserved by these men and reflects the progress and growth of our training and education program for the mentally retarded.

In the month of November, we were honored to have on our campus representatives from the N. C. Public Health Department and the N. C. Public Welfare Department to plan and work out with us the details for an intensive training program in mental retardation for the personnel from these two public agencies. The entire program was reviewed and evaluated by Dr. Elliott, Mr. Thorne, and Dr. Kratter. The first workshop training session was scheduled on January 20, 21, 23, 1958 for six public health workers and six public welfare workers--a total of twelve workshop training participants. This training program will continue monthly on Monday, Tuesday, and Wednesday of the third week of each month as long as the need exist.

December is always filled with many activities mostly in preparation for Christmas. This year, as in the past, the academic school staff and students, under the direction of Miss Carolynne Harwell, Music Teacher, presented a very impressive and appropriate Christmas program on the eighteenth and nineteenth of December. It was viewed and well received by the students body and the general public.

To complete the Christmas activities over 1000 gifts were prepared, wrapped, and distributed by the recreation staff of the Training and Education Department. All of the boys and girls at Caswell during Christmas of 1957 received Christmas packages, treats, and cheer. Parties and other festival activities were provided for the children's pleasure throughout the holiday season. To complete this task many donations in the form of money, gifts, and notions came to us from the Junior Woman's Clubs, VFW Ladies Auxiliaries, Service Leagues, and churches from all over North Carolina. These donations and contributions were used and will be used to enrich the lives of our boys and girls here at Caswell, and for which they are deeply grateful.

Additions and improvements within the Training and Education Department for the year of 1957 were:

Renovation of the Occupational Therapy Department into four nice general shop, classroom areas. The purchase of new looms for weaving, ceramic kiln, and three new manual type sewing machines.

The Academic School Department received the library in its physical plant so both the children's library and the professional library could all be housed in one room. The auditorium in the academic school building used for music program. The floors in the halls of the academic school

were repainted. New colorful chair and desk sets were purchased for the classrooms that were not refurnished last year. The classrooms in the old building were repainted. All of the classrooms and the library were equipped with nice glowing florescent lights. Finally, a new record player for the school music teacher was purchased along with a new 35 mm. filmstrip projector for the audio-visual supply.

The Home Economics Department received a new General Electric Cook range the early part of the year. A new steam iron was also placed to this area. Various cooking tools and utensils have been purchased for use in this training and education area.

The Recreation and Physical Education Department intensified its efforts at the beginning of 1957 to provide better motion picture entertainment. We made contact with the Metro-Goldwyn Mayer Picture, Inc. through its Charlotte, North Carolina Office to get regular movie bookings with transportation to Kinston along with the local theatre movie bookings. This contract was completed and has been in operation most all of the year. During the summer of 1957, the Recreation and Physical Education Staff intensified its efforts to provide swimming opportunities to as many students as possible. By bus transportation 1620 students were taken swimming at one of the Kinston City Pools or the Cliffs on the Neuse from June 1 to August 31, 1957. Several television sets have been purchased for this department to place in student living units throughout the campus. A new record player was also purchased for the department to use at dances and for social parties, which is a new addition to our program. Plans are now being completed for a new swimming and wading pool to be built at Caswell.

Vocational Training has been fortunate to have opened on the campus a new beauty shop for girls. This area is designed to give hair care and grooming as well as to train female vocational students in the art of hair grooming and care. We have one licensed beautician and five beautician-aide trainees in this training area. An additional boys' barber was added to our vocational training staff this year. He will assist with cutting the boys' and some of the girls' hair as well as train male vocational students to give shaves and shampoos to our male student population.

We have also added additional training and education classes within our program this year. In home economics we have added three additional classes in home economics for boys. Two evening home-making classes have been set up for the older girls who are actively participating in on-the-job training all day or employed throughout the day.

In our music program we have organized three separate vocal choruses--a Boys Chorus, a Girls Chorus, and a Junior Chorus--composed of young boys and girls. A special music class of girls to learn to read music and play Tonettes (wind reed instrument) has been organized.

Within the academic school program, the student council, as a student government body for the academic school, was organized in November of 1957. This student group is composed of student representati-

from the different school class groups--elected by their group to represent them on the council. They assist with planning and leading various school functions, as well as handling complaints of student violations of safety patrol rules and regulations. They also help with disciplinary cases that arise within the academic school area proper. So far this program is proving to be most valuable to our students and our school. We are quite proud of our Safety Patrol group at Caswell. They were awarded certificates and safety patrol gold pins for outstanding duty in May 1957.

Finally, these things certainly reflect the continuous progress in physical improvements, as well as program progress in expansions and improvements throughout the year 1957. With the foundation we have laid, the progress for the year 1958 should be even bigger and better in our efforts to train and educate the mentally retarded boys and girls at Caswell Training School.

Daniel C. Wise, Director
Training and Education

Caswell Training School
Kinston, North Carolina
Business Office
Annual Report 1956-57

During the past year we have devoted our time and energy to maintain a high standard that would be pleasing to the public and at the same time offer better care for the children placed under our supervision. A large per cent of the work is routine such as maintaining records on sick leave, vacation leave, issuing pay rolls and maintaining adequate records of the children's personal accounts. However, below we are listing some facts that we think are indicative of the program that we are trying to carry out.

We have strived to serve well balanced meals to the children and employees and in this connection we have supplemented our food budget by producing a large variety of food items on our twelve hundred acre farm as well as participating in the program sponsored by the North Carolina Department of Agriculture from which we received food valued at $36,800. Our food service department is inspected regularly by the State and Lenoir County Health Department and we are proud to list the ratings as follows:

Frozen Food Locker Plant - 90%
Poultry Processing Plant - 98%
Food Service (Cafeteria) - 93.5%
Dairy ------ Grade A

DAIRY

Average milk production per cow -------- 13,108 lbs.
Butter fat ---------- 478 lbs.
Per cent of butter fat test for herd ---- 3.65
Number of gallons of milk produced ------156,654
Sale of 13 cows and heifers at Sixth Annual Holstein Institutional
Sale held 8-30-57 - Sale Price ----------$5,452.02
Beef slaughtered from school farm ------- 17,327 lbs.

GENERAL FARM

Produced 61,291 dozen eggs and 17,268 lbs. of poultry
Produced 166,066 lbs. of pork, ensilage 1,045 tons, hay 535 tons, corn 11,838 bu., oats 9,001 bu., rye 480 bu., wheat 1,636 bu., sweet potatoes 5,720 bu., and 1,006 bu. Irish potatoes

SCHOOL STATISTICS

Average Student enrollment ---------- 1787
Cost per capita per annum:
All sources ---------- $1,001.24
Own receipts ---------- 84.98
Appropriation ---------- 916.26
Average No. of employees ---------- 517
No. of students to one employee ------- 3.4

IMPROVEMENTS

Painted and redecorated living units for children
Purchased new equipment for school and occupational therapy department, also redecorated classrooms
Removed old Tapp building from campus and landscaped area
Constructed two silos
Placed into operation a new deep well - capacity 750 g.p.m.
General repairs to all buildings (maintenance)
Purchased and installed new playground equipment and painted in attractive colors all old playground equipment
Equipped and opened a shoe repair shop
Transplanted 100 oak trees on campus
Installed electric fans in children's dining room
Installed new laundry extractor and fans in laundry

During the year all of our employees were placed under State Personnel Act. Each job was classified and given a position control number. Also, all personnel were placed on a cash salary which necessitated our office setting up new records for collecting rentals and converting the cafeteria on a cash basis. This involved a great deal of work and explanation to the 538 employees here.

S. H. Stroud
Business Manager